



**CarePartners**  
HEALTH SERVICES

## Music Therapy Clinical Internship Information and Application Packet

CarePartners Hospice Services  
PO Box 5779  
Asheville, NC 28813  
828-251-0126

Lauren Patrick DiMaio, MMT, MT-BC  
Clinical Director  
Music Therapy and Bereavement Supervisor  
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*Since 1995 our hospice internship program has been dedicated to helping students become professional therapists experienced with end-of-life music therapies.*

## Description of Clinical Setting

- Located in south Asheville, NC. Our metropolitan area is about 125,000.
- This internship includes working with Hospice patients and Bereavement clients. Each intern will work up to a caseload of approximately 30 Hospice patients and 3 Bereavement groups. Interns will drive to homes, nursing homes, assisted living facilities, and our 27 bed inpatient unit to offer music therapy.
- The music therapy program is part of a care team for people in the final phase of a terminal illness. Together we work to enable patients to carry on an alert, pain-free life and to manage other symptoms so that their last months may be spent with dignity and quality at home or in a home-like setting.
- Bereavement services are offered to patient families after the death, and also to anyone in our community who has suffered a loss through death. Our Bereavement services include group and individual counseling.
- Students will have access to educational materials in our Hospice Library and Mountain Area Health Education Center. Music therapy educational materials will initially be through the clinical training director while resources are procured through the institution.
- Informal in-service opportunities are on a PRN basis and include such issues as massage therapy and relationship building.

## Description of Music Therapy Services

- The philosophy of our Music Therapy Program is to provide music therapy for patients and families who are aligned with the Hospice Philosophy and will enhance and augment the hospice experience. Our aim is to facilitate emotional, physical, social and spiritual changes inherent in the dying process. Rather than directing the client toward these changes, interns are trained to follow and reinforce the direction chosen by the client. Music Therapists utilize techniques which will meet the needs of the patient's personality and address any changes that occur.
- Available space and equipment:

The Music Therapy work is done at the inpatient unit, Solace, in individual patient rooms, at in-home sessions, in the patients' rooms in the nursing home and at bereavement support groups. CarePartners Hospice has a music library, a guitar, keyboards, a banjo guitar, various rhythm instruments, music software and recording devices.
- Because of the varying nature of each patient's condition, Music Therapy with the terminally ill is done on an individual basis. Experience with group work is done in bereavement support groups, grief choir and relaxation group. Techniques include: receptive, re-creative, compositional and improvisational.

## Internship Supervisory Staff

- Lauren Patrick DiMaio MMT, MT-BC, Internship Director
  - Educational History:

Bachelors in Music Therapy, Berklee College of Music, Boston, MA, 1996-1999.  
Completed internship at CarePartners Hospice June 1999-Jan. 2000.  
Temple University's Masters in Music Therapy, 2002- 2004
  - Professional History:

Full time Music Therapist at Western Carolina Center, 2000-2002.  
Full time Music Therapist at Park Ridge Hospital, 2002-2003  
Full time Music Therapist at CarePartners Hospice, 2003- present.
- Anne Wilkerson, MT-BC, Internship Supervisor
  - Educational History:

Bachelor of Psychology, Mississippi State University, 1992-1996  
Bachelor of Music Therapy, Appalachian State University, 1999-2001  
Completed Internship at Advocate Lutheran General Hospital, 2002.
  - Professional History:

Full-time Music Therapist at Spartanburg Regional Medical Center, 2002-2008  
Full-time/Part-time Music Therapist at CarePartners Hospice, 2008-present

## Clinical Training Program

- The 40-hour per week program requirements:
  1. Four week orientation which includes:
    - A. Shadowing the outgoing intern and a tour of the facilities,
    - B. Observation of various aspects of the Hospice Program,
    - C. Orientation to the Music Therapy Program and AMTA guidelines for clinical training, code of ethics and standards of practice.
    - D. 120 hours.
  2. The intern will be involved in all music therapy sessions, for four weeks as an observer, then as facilitator. With consensus of the Music Therapist, outgoing intern and student, music therapy sessions will be initiated by the student. Time for these sessions will be in the range of 20-25 hours per week. The number of hours committed to bereavement counseling will be negotiable but usually in the range of 5-10 hours per week. A total of 120 hours for observing/co-leading.
  3. Weekly staff meetings involve approximately 4 hours per week. In-services vary according to needs and happen on an occasional basis.
  4. Our program focuses on music skills, music therapy techniques and professional self-awareness. This includes counter-transference, self-care, and the intern's own relationship to death and grief.
  5. Feedback will be given both informally (through discussion) and formally (through structured exercises). These weekly sessions include clinical Music Therapy supervision and music skills supervision.
- Evaluations

The midterm/final evaluation form for both the Clinical Training Director and the student is taken directly from the AMTA suggested format. These will be completed and processed in the supervisory sessions, then sent to the academic site. The site evaluation will be completed by the intern and sent to the academic site and the Regional CT Representative.
- Internships begin quarterly--January, April, July, and October. Each finishes after seven months. Two internships will be progressing concurrently at all times.

January start: materials due September 30.  
March start: materials due December 31.  
June start: materials due Feb 28.  
September start: materials due May 31.
- Living arrangements are possible through the Mountain Area Health Education Center for a nominal fee. There is a \$2,000.00 stipend. Lunch is free during the week. Transportation is the responsibility of the student but travel mileage funds are provided. The student's liability is subsumed under the CarePartners Hospice Program as it is with paid staff.
- Students are expected to have functional skills on voice and a portable accompaniment instrument and will be assessed. Also, because of the very sensitive and often confrontive nature of dealing with death and grief, a certain degree of maturity and coping ability will be expected of incoming students. We are seeking interns who demonstrate maturity, independence and compassion.



*"You can play a shoestring if you're sincere."  
- John Coltrane*

## Procedure for Music Therapy Internship Application

Please furnish the following information:

1. A resume: pertinent personal information, relevant work experience, educational and professional learning experience (includes practicum).
2. A copy of all your transcripts.
3. Three letters of reference. Included in all letters of reference should be information about the following:
  - (1) What are the student's major assets and liabilities?
  - (2) Describe the student's learning style, i.e. how does he/she incorporate or integrate new information or skills?
4. A description of your philosophy and practice of Music Therapy. Please make this at least a one-page document to effectively articulate your thoughts.
5. A video of you auditioning. This will include: Two piano and voice samples in different styles, two guitar and voice samples in different styles, one instrumental piece, and a relaxation exercise of your choosing. The video needs to conclude with you talking about why you want to intern at CarePartners Hospice and what you hope to gain from your internship.
6. Upon receipt of the above information, a determination will be made and you will be contacted for a personal interview at Hospice. Interviews can be given at conventions, but you must visit the facility before any decision can be finalized.

If there are any questions, please do not hesitate to write or call **Lauren DiMaio**,  
office phone (828) 255-2870, ex. 8397  
Good Luck in Your Journey!



*"If you look deep enough you will see music; the heart of Nature being everywhere music." – Thomas Carlyle*



**REFERENCES (letters of reference required):**

1.	_____	_____	_____
	<i>Name – Academic Advisor</i>	<i>Occupation</i>	<i>Phone number</i>
2.	_____	_____	_____
	<i>Name</i>	<i>Occupation</i>	<i>Phone number</i>
3.	_____	_____	_____
	<i>Name</i>	<i>Occupation</i>	<i>Phone number</i>

I certify that the answers given by me to the foregoing questions are true and correct without consequential omissions of any kind. I agree that the company shall not be held liable in any respect if my internship is terminated because of false statements, answers or omissions made by me in this application. I understand that any misleading or incorrect statements may render this application void, and if internship is accepted, may be cause of termination. I also authorize the companies, schools or persons named above to give any information requested regarding my eligibility, character, and qualifications. I hereby release said companies, schools or persons from all liability for any damage for issuing this information. In consideration of my internship, I agree to conform to the rules and regulations of this organization. My internship can be terminated with cause, and with notice, at anytime, at the option of my internship director, academic advisor, or myself.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**RETURN APPLICATION TO:**

Lauren Patrick DiMaio, MMT, MT-BC, Internship Director  
CarePartners Hospice and Palliative Care  
PO Box 5779  
Asheville, NC 28813

**ATTACHMENTS TO BE SENT WITH APPLICATION**

***IMPORTANT : Note details regarding each item in Clinical Internship and Application Packet***

- Three letters of reference
- Resume
- Copies of all transcripts
- Description of your philosophy and practice of music therapy
- Audition video

**\* Qualified applicants receive equal consideration. No question is asked for the purpose of excluding any applicant due to race, creed, color, national origin, religion, age, sex, disability, marital status, sexual orientation, or any other characteristic protected by law.**